

## Did You Self-Monitor?

## Please attest that you can answer "no" to the following questions:

- 1. Do you have a temperature above 100.4 F (38.0 C)?
- 2. Do you have a new or worsening cough not related to an existing condition?
- 3. Do you have new or worsening shortness of breath not related to an existing condition?
- 4. Do you have a new or worsening sore throat not related to an existing condition?
- 5. Do you have new or worsening body or muscle aches or soreness not related to an existing condition or over exertion?

- 6. Do you have new or worsening fatigue not related to an existing condition?
- 7. Do you have new or worsening vomiting not related to an existing condition?
- 8. Do you have new or worsening diarrhea not relate to an existing condition?
- 9. Do you have new or worsening loss of smell or taste not related to an existing condition?
- 10. Have you had close, unprotected contact (within 6 feet for 10 minutes or more without a facemask) with a person outside of work who you know is positive for COVID-19?

**COVID-19 Call Center**1-844-568-0701

If you need emergency medical attention, call 911 and tell them you are having COVID-19-like symptoms.

